

THE PSYCHODYNAMIC PSYCHOTHERAPY TRAINING PROGRAM

NYPSI offers an enriched two-year training program in psychodynamic psychotherapy for clinical social workers, psychiatrists, and psychologists who are currently engaged in clinical work. Through course work in psychodynamic theory and technique, complemented by continuous case conferences, the program enhances participants' conceptualization and practice of psychodynamic psychotherapy.

To further develop their clinical skills, students meet each week with two supervisors to discuss patients in their own psychotherapy practices. In addition, program participants are expected to be or to have been in psychoanalysis or psychodynamic psychotherapy themselves. Supervisors and faculty for the training program are members of NYPSI. A certificate is awarded upon completion of the program.

An optional Child and Adolescent Track can be arranged in the second year of the Adult Psychotherapy Program.

ADDITIONAL TRAINING OPPORTUNITIES

NYPSI offers academic and clinical programs—including fellowships, internships and externships—for psychiatry residents, psychology students, and social work students at various stages of their training. Numerous postgraduate educational opportunities are offered as well for clinicians who have completed their mental health training. Our Scholars Program provides a non-clinical psychoanalytic education to scholars in academic fields whose studies or research would be enriched by a psychoanalytic understanding of the mind.

Interested students and graduates may participate in the work of the Research Center. The Center evaluates important clinical findings and presents the outcomes to the professional community via symposia, papers, publications, and presentations at local and national meetings. This work is facilitated by an ongoing relationship with the Derner Institute of Advanced Psychological Studies at Adelphi University.

“*NYPSI, a world-renowned institution of psychoanalytic education, has provided the highest caliber of teaching and supervision to our trainees.*”

—WAYNE K. GOODMAN, MD
CHAIR OF THE DEPARTMENT OF PSYCHIATRY,
MOUNT SINAI SCHOOL OF MEDICINE



Potential applicants and others seeking further information about the Institute and its Training and Research Programs may visit our website and may request a catalogue from our Administrative Director at 212.879.6900 or admdir@nypsi.org.

The New York Psychoanalytic Society & Institute admits students of any race or national and ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students at the Institute. It does not discriminate on the basis of race, gender, sexual orientation, or national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and other Institute-administered programs.

Support NYPSI's work with a tax-deductible donation. NYPSI is a 501(c)(3) not-for-profit organization. An audited financial statement is available upon request.

NEW YORK PSYCHOANALYTIC SOCIETY & INSTITUTE
247 East 82nd Street
New York, NY 10028-2701

www.nypsi.org



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THE TRAINING PROGRAMS

The **New York Psychoanalytic Society & Institute**, founded in 1911, is the oldest psychoanalytic organization and training center in the U.S. and among the most important institutes of its kind in the world. Our renowned **Adult Psychoanalytic Training Program** is complemented by our **Child and Adolescent Psychoanalytic Training**, founded in 1938 and widely considered to be one of the best in the country. Our graduates and candidates maintain private practices in psychoanalysis and psychotherapy, serve in our Treatment Center and work in a variety of school and community settings. They also teach and supervise mental health professionals in hospitals, medical schools, universities, and other sites throughout the New York area.

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NYPSI operates in five dynamic, interrelated

spheres: training in adult and child psychoanalysis and psychotherapy; psychological evaluation and treatment; research and scholarship, including a world-renowned library and archives; community outreach; and public education. Our Treatment Center, one of NYPSI's highly valued services to the community, helps people of all ages and backgrounds, including those who do not have the capacity to pay.

NYPSI has had an ongoing influence on psychoanalytic theory and clinical practice in the United States. The Institute has been the professional home of such distinguished analysts as Kurt Eissler, Heinz Hartmann, Ernst Kris, Rudolph Loewenstein, Edith Jacobson, Charles Brenner, Jacob Arlow, Phyllis Greenacre, and Ted Jacobs. At least 15 members of the Institute have served as President of the American Psychoanalytic Association (APsaA), and a number of prominent members have been founders and editors of major psychoanalytic journals.

NYPSI's training programs in psychoanalysis and psychodynamic psychotherapy are open to doctors of clinical psychology, licensed clinical social workers, and psychiatrists. Our prestigious faculty teaches a rigorous and comprehensive curriculum that integrates our strong psychoanalytic tradition and broad historical perspective with contemporary theory and practice.

THE PSYCHOANALYTIC TRAINING PROGRAM

The overarching goal of NYPSI's psychoanalytic training program is to help each candidate become the best analyst he or she can be. The three linchpins of training—academic courses, personal psychoanalysis, and treating patients under supervision—enable candidates to master clinical skills, gain a deeper knowledge of themselves, and reap the many benefits of understanding psychoanalytic thinking and practice from its beginnings to the present day.

All candidates also enhance their psychoanalytic abilities through extensive exposure to courses in normal and abnormal child development given by the child/adolescent faculty.

Psychoanalytic training makes the practice of psychotherapy a deeper and more powerful intervention. NYPSI graduates have noted that our training:

- **Gave them greater confidence in the art and science of psychoanalysis and in their own efficacy.**
- **Facilitated their ability to bring psychotherapy patients into analysis.**
- **Helped them become better therapists for all their patients.**

During their psychoanalytic training, our candidates' theoretical and clinical education is deepened through their own analysis with a training analyst from the Institute. Intensive psychoanalytic work with patients in NYPSI's Treatment Center and in their own practices, under the supervision of our training analysts, expands and strengthens the candidates' clinical skills.

Both before and after graduation, candidates enjoy the opportunity to become members of a supportive and stimulating professional community. Our training also fosters the development of critical and creative skills that equip our graduates to contribute to the continuing refinement of psychoanalytic thinking.

NYPSI is deeply interested in the interface between psychoanalysis and neighboring disciplines, from neuroscience to the humanities. Our students have ready access to NYPSI's Arnold Pfeffer Center for Neuropsychology and our Helix Center for Interdisciplinary Investigation. All of our training programs are greatly enriched by NYPSI's many exciting scientific programs, lectures, films, symposia, round-table discussions, and other presentations, which are open to both professionals and the public.

THE PSYCHOANALYTIC TRAINING CURRICULUM

The curriculum consists of four years of courses and seminars in psychoanalytic theory, child and adolescent development, psychoanalytic and psychotherapeutic technique, clinical case seminars, psychopathology, psychoanalytic research, and psychoanalytic writing. Following four years of classes, candidates participate in the clinical case conferences of NYPSI's Treatment Center. Advanced candidates who intend to pursue child and adolescent psychoanalytic training may do so after or concurrent with their adult training. Candidates may also take electives offered by the Columbia and New York University psychoanalytic training programs.

Most courses are given on Monday and Wednesday evenings. Students are encouraged to take an active role in their classes, to think critically, and to exchange diverse points of view in a collegial atmosphere. Each student has an advisor who provides mentoring and guidance.

CHILD & ADOLESCENT PSYCHOANALYTIC TRAINING PROGRAM

NYPSI's renowned child and adolescent training program, founded in 1938, has been taught by many exceptionally distinguished faculty members (e.g., Margaret Mahler, Berta Bornstein, Ted Becker), and many of our students have gone on to very notable careers. Core classes include courses in theory and technique, psychopathology, and continuous case seminars.

Most candidates first train in adult psychoanalysis. However, advanced candidates in our adult program may begin their child/adolescent training concurrently. As part of their training, child/adolescent candidates provide treatment under the supervision of senior faculty. We also encourage candidates to gain experience by working with children/adolescents in daycare centers, community agencies, nursery schools, and elementary, middle schools, and high schools.