

“Apply the philosopher’s unrelenting love of truth also to your inner life.”

—SIGMUND FREUD

TRAINING • THERAPY • OUTREACH

NYPSI addresses the need for psychoanalytic training, treatment, scholarship, and research that increase understanding, relieve mental suffering, and enable people to become more self-aware, more self-realized, and more capable of dealing with difficulties in their lives.

Psychoanalytic thinking influences and enhances virtually all disciplines relating to psychotherapeutic treatment. The understanding and use of psychoanalytic concepts and principles, which focus on underlying causes, greatly strengthens a broad range of interventions that respond to the mental health needs of our communities.

NYPSI’s diverse services to the community—including our Treatment Center, Library, Child Outreach program, and Parent Child Center—and our varied scientific, interdisciplinary, and cultural presentations to the public, demonstrate our commitment to providing the highest-quality application of psychoanalytic thought to meet a broad array of needs and interests.



ADVANCEMENT
THROUGH
SELF-KNOWLEDGE

“The New York Psychoanalytic Society has had an outsized influence on the cultural and intellectual life of New York City.”

—MAYOR MICHAEL BLOOMBERG

“NYPSI, a world-renowned institution of psychoanalytic education, has provided the highest caliber of teaching and supervision to our trainees.”

—WAYNE K. GOODMAN, MD
CHAIR OF THE DEPARTMENT OF PSYCHIATRY,
MOUNT SINAI SCHOOL OF MEDICINE

NYPSI is...

“a wonderful place where people can go to get somewhere.”

—JOAN L



For further information about the New York Psychoanalytic Society & Institute and its programs and services, please visit our website. You may also contact our Administrative Director at 212.879.6900 or admdir@nypsi.org.

Support NYPSI’s work with a tax-deductible donation. NYPSI is a 501(c)(3) not-for-profit organization. An audited financial statement is available upon request.

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www.nypsi.org



NEW YORK PSYCHOANALYTIC SOCIETY & INSTITUTE

nypsi

TRAINING THERAPY OUTREACH

The **New York Psychoanalytic Society & Institute** is the oldest psychoanalytic organization and training center in the U.S. and among the most important institutes of its kind in the world. Our renowned Adult Psychoanalytic Training Program is complemented by our Child and Adolescent Psychoanalytic Training Program, founded in 1938 and considered to be one of the best in the country.

Our graduates and candidates maintain private practices in psychoanalysis and psychotherapy, serve in our Treatment Center, and work in a variety of school and community settings. They also teach and supervise mental health professionals in universities, hospitals, medical schools, and other sites throughout the New York area. Much of the service to these institutions is contributed *pro bono*.

www.nypsi.org





NYPSI is an esteemed and influential leader

in its field. We integrate our strong analytic tradition and broad historical perspective with contemporary theory and practice. Our work encompasses five dynamic, interrelated spheres of operation: training in adult and child psychoanalysis and psychotherapy; psychological evaluation and treatment; research and scholarship, including a world-renowned library and archives; community outreach; and public education. Our Treatment Center, one of NYPSI's highly valued services to the community, helps people of all ages and backgrounds, including those who do not have the capacity to pay.

NYPSI's training, treatment, and research programs are based on an in-depth approach to the psychosocial problems of individuals. Psychotherapy and psychoanalysis address underlying causes of problems and help adults, adolescents, and children to gain self-understanding and move forward into happier and healthier lives.

BRIEF HISTORY

Now in its second century, the New York Psychoanalytic Society was founded in 1911 by Abraham A. Brill and a small group of like-minded colleagues, who were excited by and committed to the revolutionary discoveries of Sigmund Freud and his students. Training in psychoanalysis was formalized when the Society established the New York Psychoanalytic Institute in 1931. NYPSI has a long and distinguished history marked by major advances in psychoanalytic theory and practice and the highest standards of training and clinical work, which continue today.

The Institute has been the professional home of many of the best-known analysts of their times, including Kurt Eissler, Heinz Hartmann, Ernst Kris, Rudolph Loewenstein, Edith Jacobson, Charles Brenner, Jacob Arlow, Phyllis Greenacre, and child analysts Margaret Mahler, Berta Bornstein, and Ted Becker.

IMPORTANT FACTS ABOUT NYPSI

- **The Treatment Center** provides low-fee psychoanalysis and psychodynamic psychotherapy for hundreds of New Yorkers who otherwise could not afford help in overcoming psychological and emotional obstacles to living more productive lives.

- **NYPSI provides rigorous training** in psychoanalysis and psychodynamic psychotherapy to doctors of clinical psychology, licensed clinical social workers, and psychiatrists, thus enabling a broad range of practitioners to more effectively serve individuals of all ages and backgrounds in a variety of clinical settings.

- **NYPSI provides teaching and supervision** to doctors at Mt. Sinai School of Medicine's Department of Psychiatry and other medical centers, and to doctoral candidates in psychology at CUNY and other universities.

- **As a long-time national leader** in the field of child and adolescent psychoanalysis, NYPSI stresses the importance of focusing on the whole child—his or her unique history, development, inner life, strengths, and challenges.

- **NYPSI's Child Outreach & Consultation Service** provides the community with a comprehensive, psychodynamic approach to working with children and adolescents and their families. The service works on-site with public schools, independent schools, community agencies, and mental health facilities, and serves staff members, parents, children, and adolescents, in groups and individually.



- **The Pacella Parent Child Center** supports parents of infants and very young children by offering ongoing, professionally-led groups and individual consultation focused on parenting and child development issues. The Center also provides educational, training, and research opportunities for professionals.

- **The A.A. Brill Library**, an invaluable cultural and intellectual resource, is one of the largest psychoanalytic libraries in the world. Its holdings include over 40,000 books and periodicals, as well as a major archival collection, devoted to psychoanalysis. The Library is open to all, at no charge, five days a week.

- **NYPSI's programs, papers, symposia, courses, workshops, interviews, films, and discussions** contribute to scholarship in the field and serve both the mental health community and the general public. ***Time Out New York* has recognized NYPSI for presenting one of the 20 best lecture series in New York City.**

- **The Helix Center** draws together leaders from the arts and sciences for unique interdisciplinary roundtables exploring the creative frontiers of the mind. Its website engages an international community in live webcasts and continuing discussions arising from each roundtable. The Center also provides educational outreach through poetry discussions and music programs for teachers and schools.

- **The Arnold Pfeffer Center for Neuropsychology** engages internationally recognized neuroscientists and psychoanalysts to advance and integrate knowledge and understanding of the human mind and brain.

- **NYPSI has had a long-standing influence** on psychoanalytic theory and clinical practice in the United States. At least 15 members of the Institute have served as President of the American Psychoanalytic Association (APsaA), and many more have served as APsaA committee chairs. Other prominent members have been founders and editors of major psychoanalytic journals.

- **The Research Center** has enlarged the scholarly perspective of NYPSI's programs, forged vital interconnections with other academic research centers, and established a milieu where important clinical findings and hypotheses can be systematically evaluated.