

FOR PARENTS OF CHILDREN & ADOLESCENTS

(continued from inside)

SPEAKERS BUREAU

NYPSI provides speakers to public and private groups interested in presentations and follow-up discussions on a broad range of subjects related to children and adolescents. (See inside **For Parents of Children & Adolescents.**) Parents and caregivers want to understand the meanings underlying their children's behavior. They also want to know how their own empathy, expectations, discipline, modeling, and other ways of relating affect the emotional growth of their children and teens.

"DIALOGUES ON..." SERIES

"Dialogues On..." is a series of informal discussions by our Child and Adolescent Division organized to bring our psychoanalytic and developmental perspective to topics of interest to the general community. Experts derived from NYPSI's child faculty address topics ranging from learning disorders and sibling rivalry to divorce and loss. The series is held at the Institute and parents, neighbors, teachers, and colleagues are welcome to attend.

The New York Psychoanalytic Society & Institute, founded in 1911, is the oldest psychoanalytic organization and training center in the United States and one of the most important institutes of its kind in the world. Our renowned Adult Psychoanalytic Training Program is complemented by our Child and Adolescent Psychoanalytic Training Program, founded in 1938 and widely considered to be one of the best in the country.

NYPSI's graduates and candidates maintain private practices in psychoanalysis and psychotherapy, serve in our Treatment Center, and work in a variety of school and community settings. They also teach and supervise mental health professionals in hospitals, medical schools, universities, and other sites throughout the New York area. Much of our members' service to institutions is contributed *pro bono*.

NYPSI is an esteemed and influential leader in its field. We integrate our strong analytic tradition and broad historical perspective with contemporary theory and practice. Our work encompasses five dynamic, interrelated spheres of operation: training in adult and child psychoanalysis and psychotherapy; psychological evaluation and treatment; research and scholarship, including a world-renowned library and archives; community outreach; and public education. Our Treatment Center, one of NYPSI's highly valued services to the community, helps people of all ages and backgrounds, including those who do not have the capacity to pay.

For further information about the Child Outreach & Consultation Service, please contact our Administrative Director at 212.879.6900 or admdir@nypsi.org or visit our website.

Support NYPSI's work with a tax-deductible donation. NYPSI is a 501(c)(3) not-for-profit organization. An audited financial statement is available upon request.

NEW YORK PSYCHOANALYTIC SOCIETY & INSTITUTE
247 East 82nd Street
New York, NY 10028-2701

www.nypsi.org



NEW YORK PSYCHOANALYTIC SOCIETY & INSTITUTE

nypsi

THE CHILD OUTREACH & CONSULTATION SERVICE

To promote the emotional well-being of children and adolescents through

- Services to Public Schools and Independent Schools, Community Agencies, and Mental Health Facilities
- Staff Training & Development
- Parent Workshops
- Speakers Bureau
- Discussion Groups
- Referrals
- Testing
- NYPSI Treatment Center

nypsi

ADVANCEMENT
THROUGH
SELF-KNOWLEDGE

www.nypsi.org





New York Psychoanalytic Society & Institute

(NYPSI) provides the community with a comprehensive, psychodynamic approach to working with children and adolescents and their families. We seek to foster the emotional, social, and intellectual growth of children and youth, nurture their sense of well-being and self-esteem, and enhance their ability to pursue positive goals. Our approach is to understand the whole child—his or her unique history, development, inner life, strengths, and challenges.

FOR SCHOOLS & AGENCIES

Public schools and independent schools, community agencies, and mental health facilities may draw upon a wide range of NYPSI services. These include programs designed to help children and adolescents who are struggling with school and social stressors, family difficulties, personal problems, learning difficulties, or other problems that impair their social and emotional well-being and interfere with academic success.

Children and adolescents may have trouble relating to staff or peers, or feel only marginally connected to school. They may have conflicts about achieving success. They may need help in developing self-esteem, positive aspirations, and a belief in their potential for learning.

NYPSI offers schools and agencies the following services:

- On-site training and development to help teachers, administrators, and other staff members deepen their understanding of child and adolescent development, sharpen their ability to recognize problems early on, and enhance their skills and effectiveness in working with children and youth. We can also help staff to improve the emotional environment of their classes or groups to facilitate learning, cooperation, and positive social interaction.
- Presentations for parents and staff on such subjects as parent-child relationships, bullying, hyperactivity, depression, stress, discipline, and family upheaval.

- Evaluation of children and adolescents for emotional difficulties, attention disorders, learning disabilities, and developmental disorders.
- Ongoing groups for children, adolescents, staff, or parents.
- Additional services for staff and for parents including workshops, one-to-one consultations, case conferences, and connecting families with resources.
- Referrals to private practitioners or to NYPSI's sliding-scale Treatment Center and other appropriate programs.

For further information, please contact NYPSI's Administrative Director at 212.879.6900 or admdir@nypsi.org.

FOR INDIVIDUAL CHILDREN & ADOLESCENTS

- Low-fee psychoanalysis or psychotherapy at NYPSI's Treatment Center, as well as referrals to highly experienced and skilled members of NYPSI who work in private practice with individuals and families. Reduced fees can be arranged based on individual circumstances.
- Evaluation for psychological difficulties, attention disorders, learning disabilities, and developmental disorders.
- Behavioral advice.
- Consultation regarding medication options.

Therapy and analysis address underlying causes of problems. These methods of treatment help children and adolescents, as well as adults, to express themselves in an atmosphere of trust and safety, increase their self-understanding, and move forward into happier and healthier lives.

For further information including private referrals, please call the Treatment Center at 212.879.0196, email TC@nypsi.org, or consult our website (www.nypsi.org) for a roster of NYPSI members specializing in child and adolescent treatment. All inquiries and services are confidential.

FOR PARENTS OF CHILDREN & ADOLESCENTS

In addition to serving parents through schools and agencies, NYPSI consultants offer discussion groups that meet privately to address topics of parental concern and ways in which parents can help their children and adolescents. Groups serve participants who are married, unmarried, single, divorced, same-sex, adoptive, and interracial, as well as foster parents and other guardians.

Topics include

- difficulties with learning and socialization
- hyperactivity
- attention deficit
- stress
- anxiety
- depression
- bullying
- troubling relationships with family or peers
- poor self-esteem
- sleep problems
- behavioral problems
- family crises such as death and divorce
- drug and alcohol addiction
- identity issues
- sexual problems
- eating disorders

Whether or not they participate in a group, parents may arrange for private consultations about issues involving their children and adolescents, and referrals can be made to NYPSI members or to our Treatment Center for assessment, short-term psychotherapy, more extensive psychoanalysis, or advice on medication. We can also provide referrals for psychological testing for emotional and developmental difficulties, attention disorders, and learning disabilities.

nypsi

ADVANCEMENT
THROUGH
SELF-KNOWLEDGE