NYPSI is . . .

“a wonderful place where people can go to get somewhere.” —JOAN L

WHO PROVIDES THE TREATMENT AND TESTING?

Through the Treatment Center, individuals work with experienced therapists who are in advanced psychoanalytic training at our Institute or with NYPSI externs and interns enrolled in doctoral programs in clinical psychology. Supervision is provided by our highly experienced senior faculty. Psychological testing is conducted by NYPSI psychology externs and interns under the supervision of senior psychologists.

The New York Psychoanalytic Society & Institute, founded in 1911, is the oldest psychoanalytic organization and training center in the U.S. and among the most important institutes of its kind in the world. Our renowned Adult Psychoanalytic Training Program is complemented by our Child and Adolescent Psychoanalytic Training Program, founded in 1938 and widely considered to be one of the best in the country.

Our graduates and candidates maintain private practices in psychoanalysis and psychotherapy, serve in our Treatment Center, and work in a variety of school and community settings. They also teach and supervise mental health professionals in hospitals, medical schools, universities, and other sites throughout the New York area. Much of our members’ service to institutions is contributed pro bono.

NYPSI is an esteemed and influential leader in its field. We integrate our strong analytic tradition and broad historical perspective with contemporary theory and practice. Our work encompasses five dynamic, interrelated spheres of operation: training in adult and child psychoanalysis and psychotherapy; psychological treatment and evaluation; research and scholarship, including a world-renowned library and archives; community outreach; and public education.

For further information or to apply to NYPSI’s Treatment Center, visit our website or contact the Treatment Center at 212.879.0196 or TC@nypsi.org. Inquiries and services are confidential.

Support NYPSI’s work with a tax-deductible donation. NYPSI is a 501(c)(3) not-for-profit organization. An audited financial statement is available upon request.

NEW YORK PSYCHOANALYTIC SOCIETY & INSTITUTE
247 East 82nd Street
New York, NY 10028-2701

www.nypsi.org

NEW YORK PSYCHOANALYTIC SOCIETY & INSTITUTE

THE TREATMENT CENTER

Helping people of all ages to heal, learn, change, and grow

The Treatment Center of the New York Psychoanalytic Society & Institute (NYPSI) is the oldest outpatient psychoanalytic treatment facility in the country. It was established to help soldiers returning from World War II who were suffering from the traumas of combat. In the years since, the Treatment Center has continued to be a highly valued service to the community, providing affordable psychoanalysis and psychodynamic psychotherapy for hundreds of New Yorkers of all ages and backgrounds.

We specialize in talk therapies aimed at understanding and improving each individual’s particular situation. We also provide high-quality psychological and educational testing.

www.nypsi.org
WHO COMES TO THE TREATMENT CENTER?
The Treatment Center serves adults, adolescents, and children who can benefit from talking with a trained professional about their psychological and emotional difficulties. Those in treatment gain valuable self-understanding both intellectually and on a deeper emotional level. Psychotherapy and psychoanalysis address underlying causes of problems and help individuals move forward into happier and healthier lives.

People of all ages who come to us may be struggling with

- stress
- anxiety
- depression
- poor self-esteem
- sleep disturbances
- family crises such as death and divorce
- drug or alcohol addiction
- eating disorders
- identity issues
- sexual problems

Adults may have problems with

- sustaining satisfying love relationships
- living up to their potential
- relating well to their children
- dealing with severe economic pressures

Children and adolescents may experience difficulties related to

- learning
- socialization
- hyperactivity
- attention deficit
- bullying and other aggressive behavior

WHAT IS PSYCHODYNAMIC PSYCHOTHERAPY?
Psychoanalytic perspective toward underlying issues and involves many of the same techniques and goals, but is less intensive. Therapy is usually conducted once or twice a week.