To: Michele Press, President; Ruth Karush, Dean; Christian Maetzner, Associate Dean for Child and Adolescent Analysis; Robert Smith, Chair of Curriculum Committee, Jay Petschek

The focus of the Pacella Parent Child Center continues to be the Pacella Research Center. The only activity involving parenting is a continuation of the Pacella web present with parenting information (www.theparentchildcenter.org). Occasional queries are received via the web page regarding parenting issues and/or a very occasional referral.

**GENERAL PRINCIPLES WHICH UNDERLIE THE WORK OF THE CENTER AND VISION OF THE PACELLA RESEARCH CENTER AND NYPSI**

We consider one vision of the NYPSI to be the promotion, critical exploration, and teaching of psychoanalytic ideas with its students, in the academy, in medical schools and psychiatric residencies, in psychology programs, in social work programs, in schools, and in the general community, including parents and children. An important vision of the Pacella Research Center has been the promotion and integration of research in our education and clinical activities.

Research activities have been productive and research publications have been numerous, with a fair number of candidates and graduates involved, and a large number of students and postdocs. We continually attempt to promote the value of research activities and its applicability to clinical work.

As a result of fund raising and grants plus, most importantly, the judicious use of the funds contributed by an anonymous donor in 2002, to NYPSI in honor of our late esteemed colleague, **Bernard L. Pacella**, we continue to have a significant amount of “Pacella Funds” (a bit less than $500,000). However, in order to continue to accomplish our goals in the future it will be crucial for us to develop an additional reliable income stream from a variety of funding sources.

**RESEARCH CENTER COMMITTEE:** Wilma Bucci; Co-Director, Leon Hoffman, Co-Director; Bernard Maskit, Technical Director and Cahir of NYPSI IRB; Sean Murphy, Projects Manager and Supervisor; Christopher Christian; Tehela Nimroody; Wendy Olesker; Timothy Rice; Lissa Weinstein

**SUMMARY OF ACTIVITIES**
1. IRB Report
2. Clinician/Researcher Collaborative Process Seminar
3. A variety of activities focusing on the utilization of linguistic measures on case material and other data, especially by the Pacella Research Group. The Referential Process website has many documents related to the study of the language measures.
4. Utilization and study of Regulation Focused Psychotherapy for Children with Externalizing Behaviors: A Psychodynamic Approach (RFP-C)
5. Development of a defense mechanisms manual for children’s doll play (DMCP)
6. Research activities by members of NYPSI

REPORT OF THE NYPSI IRB

During this period, the IRB considered and approved three proposals.

One proposal concerning children's play, by Sara Lea Chazan, was for continuation of a previously approved project; it did not involve collection of new data, and was given expedited review.

The other two projects involved collection of data; they were reviewed and approved by the full committee.

The first of these was proposed by an undergraduate, Eli Kraiem, working under the direction of Wilma Bucci and Sean Murphy; the proposed study is a replication of previous studies with several different demographic groups, and involves subjects from the Syrian-Jewish community telling the story of emotionally significant events.

The other proposal was by You Zhou, who is a post-doctoral fellow and part-time member of the research group. Her proposal concerns interviews of Parent-Child home visitors.

Also, the committee added a new member, Ben Sandler, who is an attorney. The other members are: Francine Conway, Leon Hoffman, Bernard Maskit, Chair, Daniel R. Rosell, Jane Algus, Alternate William H. Braun, Alternate

CLINCIAN/RESEARCHER COLLABORATIVE PROCESS SEMINAR

The tension between science and practice in psychotherapy is well known. At the Pacella Research Center of NYPSI we have been trying to bridge that gap. For several years we have conducted a Clinician/Researcher Collaborative Process Seminar. In very general terms, the project involves clinicians providing session material which might be recordings or verbatim transcripts, and might also be process notes, and researchers analyzing this material using currently available tools. Clinical and research perspectives are discussed and compared. Ultimately these collaborations may also lead to fruitful ways to address supervision.

Continuation of the seminar has focused on videotapes and verbatim transcripts of treatments, with participation by treating analysts. Discussion has included clinical analysis and application
of research measures. Participants include senior members of NYPSI and researchers associated with NYPSI, senior colleagues from other institutes, and graduate students and post-doctoral fellows. Seminar meets monthly during a large portion of the academic year.

In this year’s seminar, we discussed a case that was conducted by Charles Jaffe, M.D. of the Chicago Psychoanalytic Institute. This case was videotaped and transcribed. Dr. Jaffe participated in the seminar via Skype and occasionally in person at NYPSI.

(A version of this seminar has now been developed for candidates, focusing on their own clinical material; this will be included in the curriculum for the coming academic year. We also plan to perform a linguistic analysis on a candidate presentation by Amber Nemeth.)

PSYCHOANALYTIC RESEARCH ELECTIVE

We have begun a psychoanalytic research elective with the participation of two senior candidates participating in our research projects (Shuli Sandler and Jess Olson).

ACTIVITIES OF PACELLA RESEARCH GROUP

Led by Bucci, Maskit, Murphy, the Research Group this year included Post-Doctoral Fellow You Zhou, Research Fellow Adam Fishman, and other students; group meets weekly during the academic year to discuss joint and individual projects.

Completed Research Projects

Development of the Weighted Reflection/Reorganization List (WRRL) – a new measure of the reorganization phase of the referential process, that features connection and development of emotional meaning of narratives. The project consisted of both establishment of a new psycholinguistic measure and a computer model of this measure. The new measure was defined collaboratively by the group, with major work by Zhou and Fishman. The computer model was primarily constructed by Maskit.

Treatment Data Base - The referential process measures, as well as other standard psycholinguistic measures, were applied to over 500 sessions from 21 distinct treatments, and the results collated in a referential process psychotherapy database. The database contains numerical data at several levels; treatment, session, turn of speech, and individual word, but contains no actual words so that confidentiality is maintained.

‘User friendly’ DAAP - A new user-friendly version of our computer software DAAP is now almost complete. This menu driven version, which runs on both Mac and Windows computers, automatically produces graphs of referential process variables for whole sessions, as well as graphs showing comparisons between sessions.
Dissertation. Matthew von Unwerth is completing his dissertation at LAIPS, combining clinical analysis and research methods, applied to a single case of dissociative identity disorder, under Wilma’s supervision.

Ongoing Projects

Working with Katie Aafjes-van Doorn, we have run the computerized referential process language measures on 3 sessions each from 11 treatments including both CBT and PDT treatment types, taken from the study of panic disorder therapies, carried out at Penn and Cornell. Based on the measures alone we have predicted at better than chance rates to both treatment types and outcome. We have now received an additional larger data set from Katie and will continue the project. One major implication of our findings so far is that the referential process measures seem to predict for CBT as well as for PDT treatments.

We have been working with Emilia Chico (from Argentina), Jess Olson, Tim Rice and Shuli Sandler to characterize therapist interventions for use in studying psychotherapy process in our newly completed treatment database as well as in several other data sets.

We have been working Yosef Amrami and Rafael Javier (both from St. John’s University) on a project that looks at the emotional quality of telling about traumatic events, as told by bilingual speakers in English and in Spanish.

Eli Kraiem, a research student in the work group, is carrying out a replication of the emotional disclosure therapy analogue design to the Syrian Jewish community in Brooklyn; the design has previously been applied in U.S. community samples, and Chinese first and second generation samples. Results of the previous studies will be published in the special issue of the Journal of Psycholinguistic Research.

Research activities for the Research and Development Committee (http://www.abpsa.org/research_and_development_committee) of the American Board of Psychoanalysis (ABP) studying a variety of aspects of the certification process. Sean Murphy, Leon Hoffman, and Wilma Bucci, who has taken an LOA from the committee.

Publications


Wilma Bucci, Bernard Maskit and Sean Murphy are Editors of special issue of Journal of Psycholinguistic Research covering recent work on the referential process. Issue will include 18 papers covering Concepts and Background, Methods, Experimental Studies
and Clinical Applications by authors in U.S, Italy and Argentina. Issue is expected to be completed by Dec. 2018.


Wilma Bucci was appointed Editor of the new Brief Reports section of *Psychoanalytic Psychology.*

Sean Murphy was appointed to the Editorial Board of *Psychoanalytic Psychology.*

**Presentations, Workshops, and Seminars**

Wilma Bucci:  

Nov. 11, 2017, *The referential process in the case of Patrizia.* ISISPÉ (Institute for Specialization in Self Psychology and Relational Psychology) Milan, Italy:

Nov. 12, 2017, Università Degli Studi Bicocca, Milan, Italy; full day conference: *New Perspectives on Symptoms and Symbols: Evidence from Social Neuroscience and Applications to Dissociative Processes and Their Treatment.* Includes presentation of theory and research by Bucci and discussions by clinicians and faculty of the University.


Sean Murphy & Wilma Bucci:  

December / January 2017 /2018, Institute for Psychoanalytic Training and Research. *A six session seminar on psychotherapy process research and the referential process.*

Sean Murphy, Bernard Maskit, Wilma Bucci & Attà Negri (from Bergamo, Italy).


(Note: Dr. Bucci will present some of the material she presented in Italy at the NYPSI Scientific Meeting on Jan. 9 in the format of a conversation with Eslee Samberg.)

**Manuscripts submitted / in preparation:**
Prout, T. A., Rice, T., Murphy, S., Aizin, S., Stein, D., Ramchandani, T., Racine, E.,
Gorokhovsky, Y., Spigelman, A., & Hoffman, L. (n.d.). Why is it easier to get mad than
to feel sad? Pilot study of a new treatment approach for childhood externalizing

Nimroody, T., Hoffman, L., Christian, C. Rice, T. & Murphy, S. Development of a defense


**Regulation Focused Psychotherapy for Children with Externalizing Behaviors (RFP-C):** A
Psychodynamic Perspective: Leon Hoffman, Timothy Rice, and Tracy Prout.

- A. Royalties from the sale of the book go to the Pacella Research Center, which
  owns the copyright
- B. RCT funded by the Far Fund to Tracy Prout at Ferkauf in process this past year. Aim is to
  have 20 kids in treatment group and 20 in wait-list control (Referrals to the study via
  [https://www.rfp-c.com/study/](https://www.rfp-c.com/study/).
- C. Parent Group project funded by NYSPEP 2016-17 PARENTING EDUCATION
  PROGRAM MINI-GRANTS
  PI with T. Prout, PhD) $15000: (At Ferkauf): Project: Psychotherapy in Regulation
  Focused Psychotherapy for Children (RFP-C) with Oppositional Defiant Disorder
- E. There have been many presentations, Extension Courses, and publications based on this
  work (see below) and several very positive book reviews. The most recent in the Journal
  of the American Academy of Child and Adolescent Psychiatry: (“Overall, this book and
  the proposed treatment offer practitioners a concise and wieldy psychodynamic approach
to the treatment of externalizing disorders in children. It is well researched and
thoughtful. It is modern, making meaning of connections to neuropsychiatry and other
medical disciplines in thinking about how to help these tricky kids and their families.”)

**Publications and Presentations**

Clinicians’ Prototype of an Ideal Treatment in Regulation-Focused Psychotherapy for Children
(RFPC). Journal of Psychotherapy Integration. Advance online publication.
http://dx.doi.org/10.1037/int0000102

Force (Eds.), *Psychodynamic Diagnostic Manual (PDM)*. Silver Spring, MD: Alliance of
Psychoanalytic Organizations.

Presentations


Timothy Rice: Publications and presentations


Leon Hoffman other publications and presentations


RESEARCH ACTIVITIES OTHER MEMBERS/COLLABORATORS OF NYPSI

Christopher Christian

Publications in progress:


Presentations:

1) The Therapeutic Alliance: Reading Beneath the Surface to Detect Ruptures and Repairs, Presentation at City College, April 10, 2018

2) Psychoanalysis in El Barrio - A Documentary. Presentation at the Manhattan Institute for Psychoanalysis, NY, May, 11, 2018

3) Therapeutic Alliance and Referential Activity: Two Instruments to foster Relational and Clinical Skills. Workshop offered at the University of Bergamo, June 15, 2018

Grants:
Grant for Visiting Professor and Scholars, University of Bergamo, June 1 - June 21, 2018. Funding: 3496€

**Barbara Milrod**

Grants:  
6/1/18-6/1/19 Milrod, B, Chen, C: Translating PTSD-FPP to the VA medical centers. Small RCT. International Psychoanalytic Association Grant, co-sponsorship with APsA. $20,000

6/1/18-6/1/19 Milrod, B, Chen, C: Translating PTSD-FPP to the VA medical centers. Small RCT. American Psychoanalytic Association Fund for Psychoanalytic Research joint with International Psychoanalytic Association. $30,000

Papers:  


Chambless, Dianne L.; Milrod, Barbara; Porter, Eliora; Gallop, Robert; McCarthy, Kevin S.; Graf, Elizabeth; Rudden, Marie; Sharpless, Brian A.; Barber, Jacques P. Prediction and Moderation of Improvement in Cognitive-Behavioral and Psychodynamic Psychotherapy for Panic Disorder. JCCP (2017) doi: 10.1037/ccp0000224 Vol. 85, No. 8, 803–813


**Chapters/Books:**


COMMUNITY PRESENTATIONS:

10/17 Community presentation at St Louis Psychoanalytic Institute, St. Louis, MO: “understanding your child’s anxiety”

10/17 podcast. St Louis Psychoanalytic Institute “The public health relevance of psychoanalytic psychotherapy”

PRESENTATIONS

Milrod, B: “Separation anxiety and non-response”. Grand Rounds, Memorial-Sloane Kettering Hospital. 4/18 NYC

Milrod, B, Busch, F: PFPP-XR. Workshop presented at the American Psychoanalytic Association Meetings. 2/18. NYC


Milrod,B: Psychodynamic psychotherapy as an evidence-based treatment. Presented at the International IPT conference in La Teppe, France 10/17

Markowitz, J, Milrod, B, Ekeblad, A, Holmqvist, R: Symptom Specific Reflective Function as a mediator of IPT. International Society for IPT meeting Toronto, Ontario 6/17

Milrod, B (Chair), Preter, S, Target, M, Ensink, K, Shapiro, T: Dynamic therapy for children and adolescents: update on research. International Society for Psychotherapy Research Toronto, Ontario 6/17

Schwartz, R, Chambless, D, Barber, J, Milrod, B: Client Resistance as a Predictor of Outcomes in Cognitive-Behavioral Therapy for Panic Disorder. Poster ABCT Annual meeting 11/17

Cabiness, D, Alberini, K, Milrod, B, Kernberg, O, Monk, C: “Demythologizing psychodynamic psychotherapy” Presidential panel, APA Annual meeting, San Diego, CA 5/17

McCarthy, KS, Barber, JP, Milrod, B Chambless, DL: Change in Patients’ Expectations in Psychotherapy and Correlations with Therapist Interventions. International meeting SEPI Denver, Colorado May, 2017


**Patricia Nachman**


**Arnold Richards**


**Gabrielle Silver**

AACAP’s 64th Annual Meeting in Washington DC, October 24-29, 2017

Co-Leader of the working group on Delirium at AACAP Oct, 2015, as a member of the Physically Ill Child Committee

Program Chair, and presenter for Clinical Case Conference presentation of “Complex Cases of Delirium in the PICU”

Presenter for Member Services Forum re. PACC working Group

Co-Leader of the AACAP group developing the Pediatric Delirium Pathway for Clinical Care (PaCC), and Member of the PACC Working Group, 2015-present

Co-Leader of the Cornell work group on Delirium with Chani Traube, MD, July 2014-present
Guest Presenter for NYC DOE, Liaison from NYPSI, K-8 Guidance Counselor and Social Worker Conference, “Child Depression and Suicide Prevention,” Oct. 21, 2017

Guest Presenter for NYC DOE, Liaison from NYPSI, District 2 High School Guidance Counselor and Social Worker Conference, “Teen Depression and Suicide Prevention,” March 20, 2018

L. BIBLIOGRAPHY


Adele Tutter

Publications


In progress

Tutter, A. Mind as text: Freud’s typographical model of the mind. Submitted.
Tutter, A. Sex, text, ur-text: Freud's Dora and the erotics of knowing. Submitted.

Presentations

“Mind as Text—Freud’s (Typo)graphical Model of the Mind,” Heinz Hartmann II Prize Lecture, New York Psychoanalytic Institute, February 2018

“Sex, Text, Ur-text, Intertext: Freud’s Dora and the Poisonous Book,” Robert S. Liebert Memorial Lecture, Columbia University Center for Psychoanalytic Training & Research, March 2018