

## New York Psychoanalytic Society & Institute

### TA Waiver Policy April 2020

It is the policy at NYPSI that during training candidates are in analysis with NYPSI training analysts at a frequency of 4 to 5 times weekly.

In certain instances a non-training analyst from NYPSI or equivalent institute (APsaA or AAPE) may receive a waiver to continue an ongoing analysis with a candidate starting training. The waiver must be granted before the candidate matriculates for first year classes. The process must be started at the time of application. The requirements and procedure are described below.

For a waiver to be granted the following requirements must be met but provide no guarantee that the waiver will be given:

1. The analysis must be ongoing for at least one year at the time of application conducted at a frequency of at least 3 times weekly. The analyst and patient must agree to increase the frequency of the analysis to at least four times weekly by time of matriculation.
2. The analyst must be in good standing at his/her institute with no ethical charges pending. The analyst must grant permission for the NYPSI Dean of Education to contact the equivalent person at his/her institute and the Dean must receive assurance that the analyst is in good standing and has no ethical charges pending.
3. The analyst must be five years post graduation.
4. The analyst must be certified by APsaA or ABPsa.
5. The analyst cannot have been more than 70 if the applicant began the analysis approximately 1 year prior to application.
6. The analyst must have completed 2000 hours of analytic immersion conducted at a frequency of 3 to 5 times weekly with non-psychotic patients including experience with more than one gender and at least one termination.
7. The analyst must have 3 new cases started after graduation if 5-10 years post graduation and 4 new cases started if 10 or more years post-graduation. Clinical immersion must be demonstrated on the NYPSI immersion form.
8. The analyst must provide the names of 3 Training Analysts who are members of APsaA or AAPE who can attest to the quality of the analyst's work. If there is relevant information available from members of NYPSI this may also be considered.
9. The analyst is eligible for only one waiver.

The procedure for a waiver to be granted is as follows:

1. If the applicant expresses the wish to continue an analytic treatment with a non-training analyst, he/she will meet with the Chair of Admissions who will explain the process. The applicant will be told that it is the policy at NYPSI for candidates to be in analysis with NYPSI training analysts but that waivers for non-training analysts who are members of NYPSI or equivalent institutes (APsaA or AAPE) are granted under certain circumstances. If the applicant is

accepted and the waiver is denied the applicant has the option of beginning analysis with a NYPSI training analyst before matriculation.

2. The applicant will be provided with a written document describing the requirements for waiver and will be advised to discuss these with his/her analyst to determine whether the analyst wants to proceed with consideration for a waiver and if so can begin to prepare relevant materials. If both applicant and analyst want to proceed with the waiver each must submit a written request to the Admissions Committee Chair.
3. If the analyst wants to proceed the Education Dean will then obtain assurance of the analysts ethical standing as described above.
4. If the applicant's analyst does not want to proceed with the waiver process the applicant can decide whether or not to proceed with application.
5. The applicant will be evaluated by the standard admissions protocol and if accepted will be advised that the analyst's evaluation for waiver will proceed.
6. A standing waiver committee of three training analysts of at least five years appointed by the Dean will review the materials provided by the analyst applying for a waiver and will contact the references. The committee members will consider all of the available information and will use their judgment in rendering a decision. The committee may request a meeting with the analyst if more information is needed to render a decision. The committee will make a recommendation to the Education Committee as to whether a waiver should be granted. The EC will make the final decision by majority vote.
7. The Education Dean will inform an accepted applicant if the analyst has been granted a waiver.
8. The waiver must be granted before matriculation.